Name of family member:

Age:

Projected Transfer Date:

PCS Location:

Step 1. Complete all portions of this packet highlighted in yellow

Step 2. Complete and/or gather the following information:

□ ALL Outside Medical Records

- Please provide a copy of all medical records if you <u>receive</u> any type of care in town (ER, Urgent Care, specialty care, primary care, pediatrics)
- □ Immunization Record
 - Children are required to be up-to-date for all vaccines for their respective age.

 - Part II of NAVMED 1300/1 (as well as the exam itself) is required to be completed by the dental personnel at BHC Yuma BEFORE returning packets to OSS office.

□ Education Summary DD 2792-1 (for children who attend school ages 3-21)

Provided at the EFMP building which is located behind the CDC on base

□ EFMP Application, DD 2792

- Required if you are currently or if you need to be in the Exceptional Family Member Program.
- Form NAVMED 1300/2 must have demographics for sponsor and dependent filled out above box A.

FEMALES:

- □ Pap/Pelvic Exam
 - Please provide a copy of the most recent results or schedule an appointment to complete exam if you are due
- □ Pregnancy (if applicable)
 - Please provide a letter from your OB/GYN stating how many weeks you will be during your flight
- \Box Mammogram (if applicable)
 - Please provide a copy of the results or schedule an appointment to complete exam if you are due

Step 3. Turn in all gathered and completed paperwork to the OSS corpsman for review and if completed, schedule an appointment with your/ an available provider at BHC Yuma. <u>ALL Tricare beneficiaries are required to be seen by a provider at BHC Yuma regardless of Tricare status (i.e. standard or prime).</u> If you are Tricare prime, you must be seen by your assigned Primary Care Manager at BHC Yuma.

Please note that an appointment will not be made unless all required paperwork is completed & gathered.

It is not advised to make any plans (i.e. leave, purchase airline tickets, visit family, pack belongings, rent out your apt./home, etc.) until your overseas screening has been completed and approved. Overseas screening can take up to an average of 30-45 days (if medical information or clarification is needed from the gaining command the time frame is longer) for approval. Please answer all questions accurately and honestly. Failure to give disqualifying information or failure to notify the OSS coordinator of changes may result in disciplinary action under the UCMJ, Article 107.